



## LUNCH MENU

### HORS D'OEUVRES

**Roasted Garlic Mushrooms**  
Fresh Thyme and Rosemary

**Tofu Peanut Satay and Cucumber Skewers**  
Topped with Toasted Peanuts and Fresh Mint

**Lemony Chickpea Bruschetta**  
Fresh Basil

**Italian Eggplant Caponata with Pita Chips**  
Eggplant, Celery, Green Olive, Capers, Raisins, Tomato

**Grilled Vegetables Skewers**  
Pesto Dip

**Stuffed Vegan Goat Cheese mushroom**  
Toasted Panko and Herbs

**Moroccan Phyllo Provencale Envelope**  
Zucchini, Tomato, Onion, Moroccan spices

### SALADS

**Spicy Cashew Thai**  
Chickpea, Broccoli, Sesame Ginger Dressing

**Asparagus Tabbouleh**  
Mint, Lemon Olive Oil Vinaigrette

**Avocado and Cabbage Slaw**  
Lime ginger scallions vinaigrette

**Cashew Crunch Shredded Brussels Sprouts**  
Shredded Red Cabbage and Carrots, Sesame Ginger Dressing

**Farro Salad**

Arugula, cranberries, sliced green apple and toasted pecans

**Seared Tofu Tabbouleh**

Bulgur, Spicy Tofu, cherry tomato, lemon garlic vinaigrette

**Quinoa Fall Salad**

Shredded roasted Brussels Sprout, Apples and Pecans

**Roasted Corn Pasta Salad**

Farfalle Pasta, Avocado, Cherry Tomato, Cilantro, Lemon Vinaigrette

**ENTREES**

**Italian Fusilli**

Roasted Eggplant Caponata

**Harissa Fresh White Bean Stew**

Kale and Pomodora Tomato, Turmeric

**Pasta Pesto**

Asparagus, Peas, Fresh Basil

**Wild Mushroom Ragout**

Cabernet Sauce, Polenta

**Mushroom Bolognese**

Spaghetti and Wild Mushrooms, Fresh Plum Tomato

**Coconut Curry Cauliflower Chickpea Stew**

Sweet Potato and brown rice

**Broccoli with Garlic Butter**

Topped with Cashews, Basmati rice

**Vegetable Shepherd Pie**

Oven Baked Provencal Seasonal Vegetable, Mashed Potato, Cabernet Wine Sauce

**Mushroom Kufteh with Green Harissa**

Grilled Asparagus

**Impossible Burger Teriyaki**

Teriyaki Ginger Sauce, Basmati rice

**Fricassee de Champignons**

Sautéed Portobello and Shiitake, Fresh herbs, on Mashed Potato

**Farfalle a la Provencale**

Seasonal Vegetables, Olive Oil, Fresh Garlic and Vegan Parmesan Cheese

**Vegan Chili with Sweet Potatoes and Black Beans**  
Chunky Tomato and Fresh Basil

**Potato, Chickpeas and Cauliflower Casserole**  
Tomato Curry Creamy Sauce

**DESSERTS**

Assortment of Vegan Desserts

Mini Mousses au Chocolat with Coconut Milk

Organic Fruit Salad with Mint and Citrus